

An Easy Read Guide to: Disability Pride Month



What is Disability Pride Month?

Disability Pride Month happens every July. It's a time to celebrate the talents, lives, and diversity of people with disabilities. It helps everyone understand more about disabilities, and creates a more welcoming world.



Why July?

Disability Pride Month is in July to remember the Americans with Disabilities Act being signed on July 26, 1990. This is an important law that helps people with disabilities be treated fairly and be included in society.

What does Disability Pride mean?

Be Proud: Celebrate disabilities, and do not be ashamed.

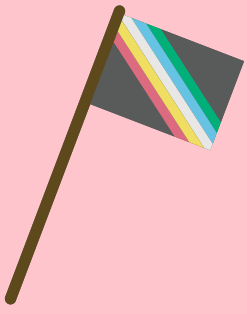
Learn and Teach: Help others understand disabilities.

Fight for Rights: Support full inclusion of people with disabilities in public life.

Build Community: Connect with people with disabilities and work together.

Be Seen: Share real stories from people with disabilities.

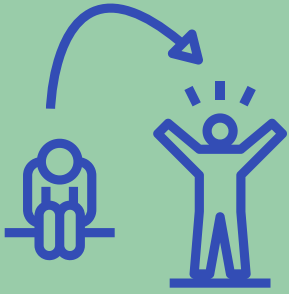




The Disability Pride Flag

The Disability Pride Flag features a faded black background to represent victims of disability abuse and colorful stripes to represent the different types of disabilities. The stripes are in a diagonal band to represent cutting down disability barriers.

What is the goal of Disability Pride Month?



Change Views

Challenge stereotypes about disabilities.

Promote Inclusion

Ensure equal opportunities for people with disabilities.

Empower

Help people with disabilities feel proud and advocate for rights.

Ways to Celebrate



1. Learn more about disability experiences and histories.
2. Support disability-owned businesses.
3. Attend parades, workshops, art shows, or other events.
4. Amplify voices and stories of people with disabilities.
5. Advocate for better accessibility.
6. Encourage inclusive practices.
7. Celebrate the progress made toward disability rights.

Disability Pride Month and L'Arche



L'Arche's mission and the Disability Pride movement are connected. Both are about valuing everyone's human experience, promoting inclusion, building community, and creating a world where people with disabilities can thrive.

Read the full version of this piece at: larcheusa.org/disabilitypride